Accountable Care Necessitates Health Information Exchange

October 10, 2019

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Agenda

- Explain the BMC health system and priorities related to ACOs and value-based care
- Review need for health information exchange
- Demonstrate value of health information exchange
  1. Risk stratification
  2. Medical cost management and care coordination
  3. Risk coding
  4. Quality measure performance
- Future directions
Boston Medical Center Health System: 4 Medicaid ACO Joint Ventures, encompassing BMC HealthNet Plan, 6 hospitals, and 18 Community Health Centers

BMC Health Plan
220K Medicaid lives in MA (170K ACO; 50K MCO)

ACO partner organizations by region
(Number of lives in thousands)

Boston ACO (~110)
Boston Medical Center
10 Community Health Centers
3 Community Hospitals

Mercy/Riverbend (~25)
Signature Brockton (~20)
Southcoast (~20)

Boston Accountable Care Organization (BACO)

Boston Medical Center

BMC Faculty Practices
• BU Affiliated Practices (BUAP)
• BU Child Health
• General Internal Medicine
• BU Family Medicine

Community Hospitals
• Holyoke/Valley Health Partners
• South Shore Health System & PHO
• Sturdy Memorial Hospital

Boston Area Community Health Centers
• Boston Health Care for the Homeless Program
• Codman Square Health Center
• DotHouse Health
• Greater Roslindale Medical & Dental Center
• Manet Community Health Center
• Mattapan Community Health Center
• South Boston Community Health Center
• South End Community Health Center

Fall River/New Bedford Health Centers
• Greater New Bedford Community Health Center
• Health First Care Center
• Stanley Street Treatment and Resources (SSTAR)
There are four major levers to drive performance in the Medicaid ACO program

- **Enrollment**
  - **Protects revenue:** No revenue collected during periods of coverage lapses from redeterminations

- **Quality**
  - **Determines ACO performance:** Performance on Quality program determines clinical and financial performance of ACO

- **Medical Expense Management & Care Coordination**
  - **Minimizes TCOC:** ACOs share upside and downside risk. The primary lever is management of utilization as other medical expense levers are controlled (e.g. network pricing)

- **Risk Coding/ Risk Adjustment**
  - **Increases revenue:** Increased complexity of attributed lives results in larger budget. Need to demonstrate complexity to MassHealth and understand drivers of cost v. funding.
    - Massachusetts recognition of SDOH needs as driver of outcomes and TCOC
The shift to ACO has driven a heightened need for real-time information and analytics

<table>
<thead>
<tr>
<th>Key features of ACO model</th>
<th>Data &amp; Analytics needs</th>
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<tbody>
<tr>
<td>▪ Providers take <strong>financial risk</strong> – upside and downside</td>
<td>▪ Need to <strong>provide and interpret claims data</strong> and financial performance to numerous provider stakeholders</td>
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<tr>
<td>▪ Providers empowered to <strong>manage total cost of care</strong></td>
<td>▪ Ability to drill down into <strong>performance drivers</strong> – both TCOC and revenue (rate adequacy, risk adjustment)</td>
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<td>▪ Premium on <strong>care coordination</strong></td>
<td>▪ Central ability to identify TCOC opportunities and <strong>develop programs/resources</strong> to address</td>
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<tr>
<td>▪ Pay for performance <strong>Quality measures</strong></td>
<td>▪ <strong>Risk stratification</strong> capability</td>
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<tr>
<td>▪ Focus on <strong>Social Determinants of Health</strong> (SDOH)</td>
<td>▪ Providers/care managers <strong>need access to data sitting in different systems</strong></td>
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<td></td>
<td>▪ Need <strong>real-time actionable alerts</strong> (ADT data)</td>
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<td></td>
<td>▪ <strong>Pay for performance</strong></td>
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<tr>
<td></td>
<td>▪ Requires <strong>EHR-claims integration</strong> to report hybrid measures</td>
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<td>▪ Ability to generate <strong>gap lists</strong>, track performance</td>
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<td></td>
<td>▪ <strong>Patient segmentation</strong> by SDOH factor (homelessness, SUD, etc.)</td>
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<td>▪ <strong>Disease registry</strong> information</td>
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Integrating disparate systems and data is crucial to managing ACO performance

**Data**
- Clinical (multiple EHRs)
- Claims – BMCHP
- Claims – Other risk contracts (e.g., BCBS)
- ADT
- Inpatient Auths / Behavioral Health discharges
- ACO Enrollment
- PCP Attribution
- Provider rosters
- Care Management enrollment
- Risk

**Systems**
- EHR (multiple)
- Claims Data warehouse(s)
- Care Management systems
- Provider-facing tool (Arcadia)
- ADT Platforms
Achieving ACO objectives requires complex integration of multiple data sources

Clinical Data Warehouse

- BMC Epic & other Clinical Data
- Non-MassHealth Payer Feeds
- State and Commercial Plan Claims Data
- Rates
- Risk Adjustments & Forecasts

Health Plan Warehouse

- MAEHC (ADT) Data Feed
- Arcadia back end data warehouse

Arcadia

- Partner EMR Data
- ACO Partners (via Box.com and sFTP)
- Arcadia Tools
  - Standard Reports
  - Risk stratification
  - Interactive Dashboards
  - Downstream Systems e.g., Jiva (complex care platform)

- Subset of clinical data
- Select performance reports
- Subset of clinical data
- EMPI to match patient data from across sources
- ACO data repository
- Tools for reporting & analysis: Performance Management and Opportunity Identification
- Monthly member rosters and denominators for quality metrics, only
Some examples of programs where we utilize health data

1. Risk stratification and securing appropriate revenue
2. Medical management / complex care management
3. Risk coding
4. Quality
We use claims and SDOH data to better understand the drivers of our medical expense v. our funding.

TCOC performance by SDOH status, all BMCHP MassHealth products
March-December 2018, paid through December

<table>
<thead>
<tr>
<th>SDOH Status</th>
<th>Avg. Members, K</th>
<th>Surplus/Deficit, %</th>
<th>PMPM, $</th>
</tr>
</thead>
<tbody>
<tr>
<td>No SDOH</td>
<td>218</td>
<td>3%</td>
<td>395</td>
</tr>
<tr>
<td>Homeless</td>
<td>3.9</td>
<td>(12%)</td>
<td>+14</td>
</tr>
<tr>
<td>SUD</td>
<td>17.5</td>
<td>(43%)</td>
<td>1,263</td>
</tr>
<tr>
<td>SUD + homeless</td>
<td>3.9</td>
<td>(44%)</td>
<td>1,122</td>
</tr>
</tbody>
</table>

9% of BMCHP members with SUD drive $114M deficit.
HIE plays a key role in our Complex Care Management (CCM) program for our most high-risk and complex patients

CCM Core team: RNs and Community Wellness Advocates (CWA) who work in pairs within primary care practices; supported by PharmD’s and pharmacy techs at some sites

Over a period of 3-6 mos, CCM teams partner with patients on goals related to:
- Chronic disease self management
- Behavioral health
- Social determinants of health

Key additional supports:
- Nurse manager
- Local group medical champion & operational lead
- Local group behavioral health & OBAT teams, when available
- PCPs; Specialists—Medical & BH
- Community agencies

Role of HIE data in CCM program:
+ Generating risk scores to identify top 2% patients
+ Providing teams patient information on chronic diseases, housing status, etc…
+ Providing real-time alerts on IP or ED utilization (MAeHC data through a care management tool)
+ Tracking performance / ROI
Complete coding will impact overall Medicaid ACO performance

In yesterday’s fee for service world:

- BMC was paid for every unit of service we provided

Incentive in this payment model:
Focus on episodic care and accurate billing of (on site) services that are reimbursed by health insurers

In today’s ACO world:

- BMC is given a pool of money intended to cover all of the services our patients need in a year
- The size of the pool is based on the complexity of the patients we serve
- The state knows how complex patients are based on the diagnosis codes we submit on our bills

Incentive in this payment model:
Focus on understanding and documenting the social and medical complexity of our patients
Capturing all relevant conditions has impact on the total pool of money we are given to care for a patient.

<table>
<thead>
<tr>
<th>Condition</th>
<th>Impact on Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total budget to care for an average ACO patient</td>
<td>$$</td>
</tr>
<tr>
<td>If we code homelessness</td>
<td>+ $$</td>
</tr>
<tr>
<td>If we code major depression</td>
<td>+ $$</td>
</tr>
<tr>
<td>If we code major obesity</td>
<td>+ $</td>
</tr>
</tbody>
</table>

Updated Budget if we accurately code

$$$$$$$
A successful risk coding plan requires a multi-pronged approach, which can be enhanced with more complete data about each individual.

**Pre-visit Planning**
- Regular visits in Primary Care

**Point of Care**
- Screening for high value conditions
- Pre-visit planning processes
- Real-time reminders and alerts to remind providers to code
- Leveraging Complex Care Management Teams

**Post-Visit**
- Retrospective claims corrections
- Holding claims for review

More information would be available with integration of multiple data sources.

Identification of codes hampered by lack of algorithms that account for DxCG risk model.
ACO Quality Program is a key driver of overall performance; P4P started January 1\textsuperscript{st} 2019 with 8 quality measures

<table>
<thead>
<tr>
<th>2018</th>
<th>2019</th>
<th>2020 onward</th>
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<tbody>
<tr>
<td>▪ 20 quality measures designated by MassHealth</td>
<td>▪ Pay for Performance: 8 Measures</td>
<td>▪ Additional 12 measures move to Pay for Performance</td>
</tr>
<tr>
<td>▪ Pay for Reporting: All 20 measures</td>
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<td></td>
</tr>
</tbody>
</table>
The initial 8 Pay for Performance metrics touch on a broad spectrum of patient populations and conditions:

<table>
<thead>
<tr>
<th>Measure Name</th>
<th>Category</th>
</tr>
</thead>
<tbody>
<tr>
<td>Childhood Immunization Status</td>
<td>Prevention &amp; Wellness</td>
</tr>
<tr>
<td>Adolescent Immunization Status (Tdap, Meningococcal, HPV)</td>
<td>Hybrid</td>
</tr>
<tr>
<td>Timeliness of Prenatal Care (Visit in first trimester)</td>
<td>Hybrid</td>
</tr>
<tr>
<td>Diabetes control- Poor HbA1c (HbA1c &lt;9.0)</td>
<td>Hybrid</td>
</tr>
<tr>
<td>Asthma Medication Ratio (controller to total meds ratio &gt;0.5)</td>
<td>Hybrid</td>
</tr>
<tr>
<td>Metabolic Monitoring Pediatrics on Antipsychotics</td>
<td>Claims</td>
</tr>
<tr>
<td>Follow-up after hospitalization for Mental Illness (7 days)</td>
<td>Claims</td>
</tr>
<tr>
<td>Initiation and Engagement for SUD Treatment</td>
<td>Claims</td>
</tr>
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</table>
An additional 12 measures are added to the Pay for Performance slate on January 1, 2020 – many are specific to the MassHealth program.

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<th>Measure Name</th>
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<tr>
<td>Follow-up after ED for mental illness (7 days)</td>
<td>Claims</td>
</tr>
<tr>
<td>ED visits for adults with mental illness and/or SUD</td>
<td>Claims</td>
</tr>
<tr>
<td>Depression remission and response</td>
<td>Hybrid</td>
</tr>
<tr>
<td>Depression screening and follow-up plan</td>
<td>Hybrid</td>
</tr>
<tr>
<td>Acute readmissions</td>
<td>Claims</td>
</tr>
<tr>
<td>Acute unplanned admissions for individuals with diabetes</td>
<td>Claims</td>
</tr>
<tr>
<td>Community tenure</td>
<td>Hybrid</td>
</tr>
<tr>
<td>Controlling high blood pressure</td>
<td>Hybrid</td>
</tr>
<tr>
<td>Health related social needs screening</td>
<td>BMCHP</td>
</tr>
<tr>
<td>Oral health evaluation for children</td>
<td>BMCHP</td>
</tr>
<tr>
<td>LTSS community partner engagement</td>
<td>BMCHP</td>
</tr>
<tr>
<td>BH community partner engagement</td>
<td>BMCHP</td>
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Require non-traditional data sources
Example: Bringing together health plan and provider data allow us to tailor interventions to subsets of patients with diabetes

- Combining medical and plan data together to deliver on our quality metrics is changing how we deliver care
- For example, providers have insights into patient medication adherence to guide care plans

<table>
<thead>
<tr>
<th>Data providers traditionally have</th>
<th>A1c value</th>
<th>Medications</th>
<th>Clinical recommendation</th>
</tr>
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<tbody>
<tr>
<td>Patient 1</td>
<td>9.6</td>
<td>Oral medications</td>
<td>Change medication regimen – (i.e., switch to insulin)</td>
</tr>
<tr>
<td>Patient 2</td>
<td>10.2</td>
<td>Oral medications</td>
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<thead>
<tr>
<th>Data providers traditionally have</th>
<th>Health plan data</th>
<th>New insights for care</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1c value</td>
<td>Medications</td>
<td>% Meds in hand</td>
</tr>
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</tr>
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Address adherence
Change medication regimen – (i.e., switch to insulin)
There is a vast amount of health-related data, only a small portion of which we harness currently, and none of which integrates easily.
What we have learned about data integration and analytics platforms

What has worked well

- **Data integration:** EMR data integration has gone smoothly
- **Back-end platform:** Back-end database enables Analytics team to rapidly pull data on cost, utilization, patient demographics, risk profile, conditions
- **Risk stratification/segmentation:** While algorithm could be improved, have been able to identify high-risk patients for care management
- **Quality:** Able to validate the quality metrics across claims and hybrid, build dashboards, and provide up-to-date gap lists

Ongoing challenges

- **Risk coding:** Lack of support for DxCG (MA risk adjustment model)
- **Workflow:** Front-end system difficult to learn/navigate; not integrated in normal PCP workflow
- **Platform flexibility:** Difficult to add needed fields or to create custom analyses on front end
- **ADT data:** Lack a common back end ENS provider and also front end platform to share ADT alerts across PCPs, care managers, care coordinators
Questions?

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